We are an incredibly selfish family. We are spoiled and we want everything our way. And if it is not “our way”, we use our supposedly intelligent minds to analyze the failure of others, and present our brilliant opinions to them to make them feel small as we ensure that if their words are not presented to us **our way, then they can hit the highway.** We live this and we have not conformed to advancement.

We go through months in un-forgiveness without a sympathetic heart because our blind selfishness will not tolerate humbling down and making amends. We only do that if it is going to benefit our cause. Only to benefit our cause!

We each knowingly belittle the other whenever we converse. We are so sensitive. We are also interested in making sure our opinion or our point is accepted, and we continually dismiss the input of others. We won’t listen and we will not consent!

Again, it must be **our way or the highway** (and you will retreat). We will not listen to your words if you will not acknowledge ours in the only way that we mandate. Your ideas must be presented our way to be acknowledged in the manner of our choice.

Those who have not learned our ways will find themselves being dismissed in an ostentatious manner. We are pretentious and unfair to those who come to us with hopeful words; for we have non inside us. Yes, we can easily read you.

Our insecurities tell us that our bad mannerisms are acceptable and it is the others who do not understand us. We blame those who speak of themselves and make them feel, once again, that their ideas must be presented **our way or hit the highway**.

This type of behavior was passed down from earlier experiences. I do not know why we do it, however as it continues, we lose lovers, friends and community. At last, we find that we are always alone. We cannot understand why. We are alone with our selfishness, our brilliant opinions, and our declarations, which states “that everything said to us must be presented only by our methods before we give credence to it”. Our life experiences have damaged us and we haven’t forgiven.

We have but one opportunity to make this matter better, **“CHANGE”.**

**In reading the summary above, I accept the charge of selfishness among us.**

However, let me say that there are many nights when some of us are awake praying for forgiveness and begging for change in our hearts, spirit and minds.

We do have insecurities that should not make us belittle others. We also have anxieties that we then turn into a lack of patience with others. When we see ourselves making these errors it hurts our hearts too.

We do not set out to hurt or harm the person that we speak to. When it happens there are times when we identify the harmful remark that we say and we recant.

There are times when we see a person damaged by our words and we retract the remark and apologize for the pain. We do have a lot to learn and we are willing to take time to edit our phrases before we release them because we are aware that some words cannot be withdrawn.

There is a long, long way to go. Just when we think we are better, an incident occurs and we lash out before we get a chance to think about our spoken contribution.

We are learning that the sounds of various words are wonderful and that it is a spiritual gift to be able to place them together and release a sentence that will immediately affect another person. We are learning that if we choose to use harmful, threatening or damaging words to attack another person then we may cause a terrible effect on that other person’s day.

Finally, we are learning that all the effects from all of the words that we so graciously spoke from our tongue, mouth and lips are so powerful that their results will one day return back to our hearts, mind, body and soul to revisit us.

These are the reasons that we want to keep working on ourselves to better our conversations with others. We are working hard on this, “CHANGE’.